

14-18.07 International Orienteering Competition

Zelazko

BULLETIN 1 www.wawelcup.pl

photo: Manuel Uribe



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Together, we will create a real celebration of orienteering!

We have a vision of an event respected in Poland and recommended by athletes from abroad. Event with tradition, looking for modern solutions at the same time. Various areas, good maps, interesting courses and excellent atmosphere. We strive to make the Wawel Cup remain and become a "holiday competition with class". When organizing the event, we try to care for every detail. We want that every runner during Wawel Cup feels great!

Wawel Cup 2021 is about the return to Jura Krakowsko--Czestochowska; to the place which is unambiguously associated with Orienteering. We will start the competition with the mass start on Błędów Desert and for the next four days we will face interesting and diverse terrains with lot of rocks. Loads of attractions, additional contests, handicap, emotions, rocks and foremost... good fun - this mixture will let every competitor remember Wawel Cup for long!

Michał Garbacik

COMPETITION SCHEDULE

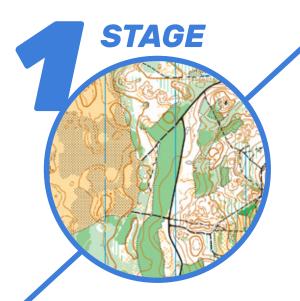
12-13.07.2021	MODEL EVENT	Żelazko	Żelazko					
14.07.2021 1 STAGE		Bledowska Desert	MIDDLE DISTANCE, MASS START					
15.07.2021	2 STAGE	Rodaki	LONG DISTANCE					
16.07.2021	3 STAGE	Świniuszka	MIDDLE DISTANCE					
16.07.2021	HIT THE PIT	OLKUSZ	SPRINT					
17.07.2021	4 STAGE	Grochowiec	MIDDLE DISTANCE					
18.07.2021	5 STAGE	Hulasko	LONG DISTANCE (SHORTENED)					



JURASSIC RETURN

12-13.07.2021 / ŻELAZKO

Our come back to Jura means come back to Żelazko which is like Polish Orienteering "Mecca". This is the place when we organise training field, available to you as of Monday. Rocky terrains with diverse runnability might be a good warm-up before the Polish Orienteering feast!



AN IMPRESSIVE BEGINNING

14.07.2021 / BŁĘDÓW DESERT MIDDLE DISTANCE / MASS START

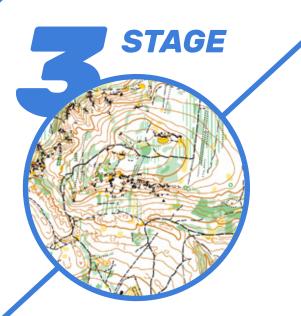
At the very beginning, Wawel Cup 2021 competition comes back to Błędów Desert. This time in a form of mass start with many control points. Our cherry on the top is the location of competition center - one of the most attractive location in the history. The compass rose located in desert will stay in every participant's memory for long!



WELL-ROUNDED LONG DISTANCE

15.07.2021 / RODAKI LONG DISTANCE

After a 9 year long gap, we are coming back to Jura, to one of the most interesting and most diversified terrains. Rodaki is about the large number of rocky formations, half-opened terrains, as well as diversified forms of the terrain. Long distance run during second day will be the icing on the cake of next Wawel Cup!

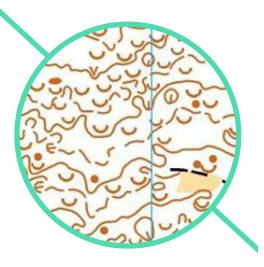


FUN IN THE ROCKS

16.07.2021 / ŚWINIUSZKA MIDDLE DISTANCE

Next stage is yet another day with rocky fun! Following Wikipedia: Świniuszka is a hill, covered by loads of rocks and caves". You will experience a short stage with a map with enlarged scale... and control points nearly almost every feature!

HIT THE PIT



STAGE

A REAL BLAST

16.07.2021 / OLKUSZ SPRINT

We have a pleasure to inform you about a possibility to register for Wawel Cup additional event. 'Hit the Pit' includes two races – preliminary and final (final A in handicap start and final B in mass start). Additional race means also attractive prizes for the winners.

There is a limit of 60 applications per category.

The terrain for Hit the Pit is unique for worldwide scale. The area of 0,33 square kilometer is marked by 791 pits and depressions. It is worth noticing that almost every pit is at least 7 meters deep. See you!

Registration via additional entry form.

FOUR HILLS

17.07.2021 / GROCHOWIEC MIDDLE DISTANCE

4th day of Wawel Cup will be about yet another middle run. The competition will be held on four hills and what you will find there is... a lot of rocky formations! Some of them will be placed on half-opened terrains, the rest will be hiddened in Jura's vegetation. Please expect a challenging rocky middle!



EMOTIONS GUARANTEED

18.07.2021 / HULASKO LONG DISTANCE (SHORTENED)

At the very end of the event, the runners will compete in handicap run. Thanks to very good runnability in the forest, runners will be able to develop higher speed. One will have to have their finger on the pulse due to the big number of elements in the terrain and rocks and... the excitement related to final start!

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ORGANIZER	WKS "WAWEL" 3 Podchorążych Street 30-084 Kraków e-mail: zawody@wawelcup.pl							
TYPE OF EVENT	Five-days individual competitions. Four stages are held in time interval, and the last one will be played in handicap form. (For categories W21 i M21 in upside-down handicap).							
	XII Bartek Moniak's memorial in category M14 XI Leszek Podsiadły's memorial in category M55							
TEAM OF ORGANIZERS	WKS WAWEL PRESIDENT: Piotr Ludwig EVENT DIRECTOR: Michał Garbacik MAIN REFEREE: Anna Karnia-Biskupska FINANCE DIRECTOR: Anna Karnia-Biskupska EVENT OFFICE DIRECTOR: Bogusława Słońska MAPPERS: Włodzimierz Dyzio, Jacek Morawski, Wojciech Dwojak COURSE PLANNERS: Włodzimierz Dyzio, Marcin Biederman, Jakub Kijak SI: Marcin Leśnicki COMMENTATORS: Michał Garbacik, Sławomir Cygler							
AGE CATEGORIES	WM10R; W10N; W10; W12; W14; W12-14B; W16; W18; W20; W21E; W21A; W21S; W35; W35S; W40; W45; W40-49S; W50; W55; W60; W65; W70; W80; WM85+ M10; M10N; M12; M14; M12-14B; M16; M18; M20; M21E; M21A; M21S; M35; M35S; M40; M45; M40-49S; M50; M55; M60; M65; M70; M75; M80; OPEN Long; OPEN Short							
COURSES	N – marked; R – family; S – shortened							
LEGEND	WM21A, WM21S, WM35S, WM40-49S – courses shortened, technically challenging. WM12-14B, OPEN Long, OPEN Short – courses with lower difficulty level.							
In case of small nu	Imbers of competitors, the organizer reserves the right to merge some							

of the categories.

ACCOMODATION Did you think that we forgot about camping on the Wawel Cup 2021? Don't worry! We are working on it! Detailed information regarding booking will be published soon on our website - wawelcup.pl



ENTRY FEE When planning the registration fee, we wanted to give our competitors the opportunity to early sign up and make use of special offer fee. The rule for registration to Wawel Cup 2021 will be "the sooner, the cheaper". Additionally we prepared a special offer for clubs. Of course we will have a contest for free entrance fee!

This is the date of the money transfer to the organizer's bank account that would determine if you benefit from the reduced entry fee (I, II, III due date). It is not enough to complete the registration form only.

ENTRY FEE	l due date 31.03	ll due date 31.05	III due date 05.07	after due date (event office)
WM 10-14	80 PLN	100 PLN	115 PLN	130 PLN
WM 16-18, WM 60+	125 PLN	135 PLN	150 PLN	180 PLN
WM 20-55, OPEN Long, OPEN Short	155 PLN	175 PLN	190 PLN	220 PLN

ONE RACE	l due date 31.03	ll due date 31.05	lll due date 05.07	after due date (event office)			
WM 10-14	20 PLN	25 PLN	25 PLN	30 PLN			
WM 16-18, WM 60+	30 PLN	30 PLN	35 PLN	40 PLN			
WM 20-55, OPEN Long, OPEN Short	35 PLN	40 PLN	40 PLN	45 PLN			

- **40, 140, 240...** Additionally, as last years, during Wawel Cup's 2020 edition there is a possibility to get a free entry. If you are 40th, 140th, 240th (...) or 1240th person on entry list, we are pleased to offer you the participation without any entry fee.
- DISCOUNTSWe have also a special offer for clubs, who will have a number of representativesFOR CLUBSduring Wawel Cup higher than: 20, 30, 40 and even 60!

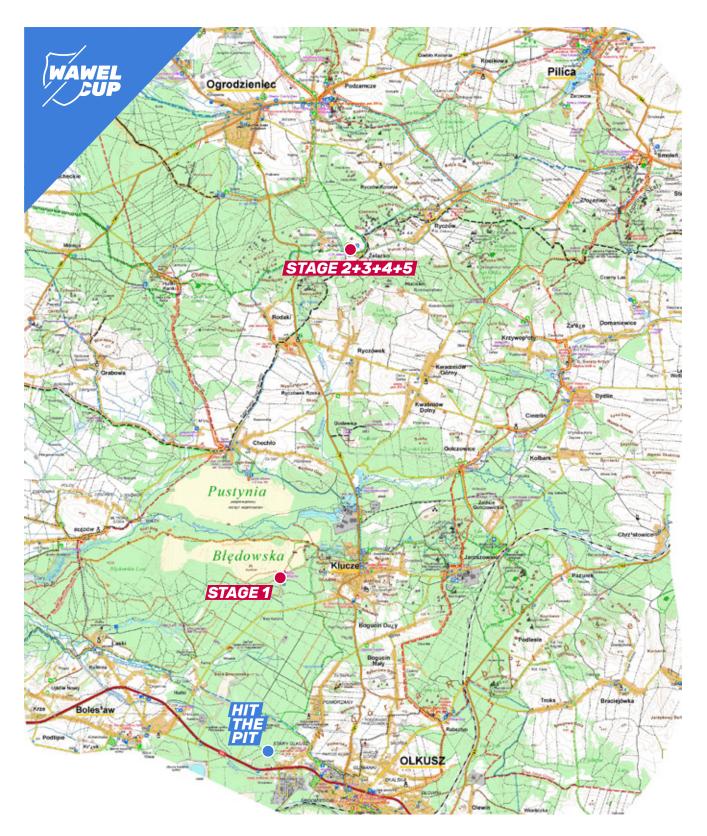
more than 20 people – 5% more than 30 people – 10% more than 40 people – 15% more than 60 people - 20%

REGISTRATION The registration is available online via registration form (You will find it on our website- *wawelcup.pl*) After completing the form, you should arrange the corresponding payment to the following bank account.

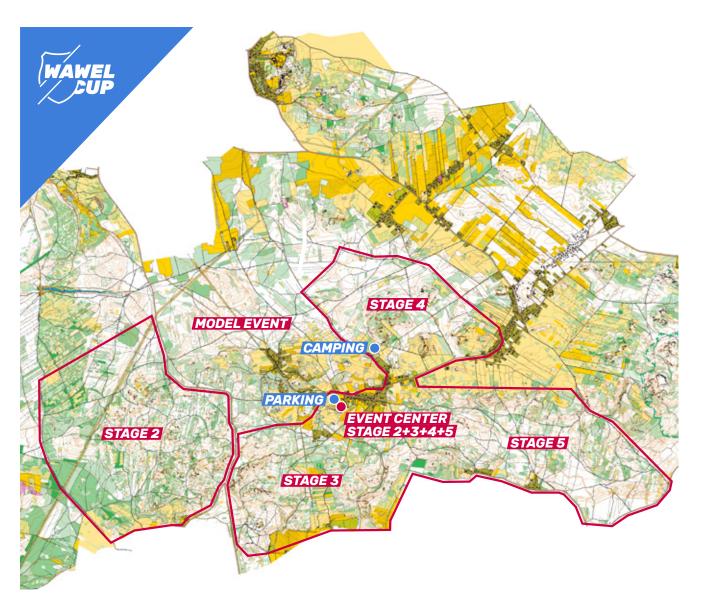
> bank account: WOJSKOWY KLUB SPORTOWY WAWEL: 26 1090 1665 0000 0001 3605 9803 address: WOJSKOWY KLUB SPORTOWY WAWEL, Podchorążych Street 3, 30-084 Kraków note: WAWEL CUP, name and surname, club name.

> We kindly ask you to notify us about the need for invoice: fakturywawelcup@gmail.com **Deadline: 18.07.2021** As per regulations, the registration fee is non-refundable.

LOCATION



LOCATION



WAWEL CUP O-SHIRT

The main theme of Wawel Cup 2021 O-Shirt is the nettle. We have also one good news for you. Nettle theme doesn't refer to Wawel Cup 2021 terrain ;)

More details will be published soon. Deadline for order - 9.06.



MY WAWEL CUP MEMORY This year we celebrate our 40th jubilee edition. On the occasion of anniversary, we would like to organize a contest. We kindly ask you to send your memories from the Wawel Cup (with attached photo) on wawelcup@gmail.com. Some of them (with your permission) will be published on our fanpage. Photos with the biggest number of "reactions" will get special prizes.

We are waiting for your photos till the end of the June, so you have a lot of time to prepare "My Wawel Cup memory". Have fun! And we can't wait to see your memories and what's more… to see you on the 14th of July!



TRAIL ORIENTEERING

Similarly to previous years, we are planning a few additional events during 40. edition of Wawel Cup. Along with "Na Ratunek" ("To the Rescue") Foundation we decided to organize a Trail Orienteering during stage IV. It is mainly addressed to competitors with disabilities, but we encourage every Wawel Cup participant to give it a try!



COURSE PARAMETERS

As an organizers of Wawel Cup – real celebration of Polish orienteering, we would like to set nationwide trends. For this reason 4 months before competitons (March) we have already planned all the courses. So we have a big plessure to present you course parameters for upcoming event! Enjoy it!

	STAGE 01			STAGE 02			STAGE 03			STAGE 04			STAGE 05		
CATEGORY		LENGTH	CONTROLS	LENGTH	CLIMB	CONTROLS									
WM10R, W10N, M10N		2,2	6	1,3	40	4	2,0	50	6	2,1	45	8	1,5	35	5
W10, M10		2,2	6	1,7	50	6	2,2	50	7	2,1	45	7	2,3	45	6
W12-14B, M12-14B		2,5	8	2,1	60	7	2,0	50	7	2,4	75	8	2,5	65	6
W12, M12		3,1	10	2,4	80	8	2,3	70	8	2,3	75	7	2,5	80	7
M14		4,1	17	3,5	160	10	3,4	135	11	3,7	130	11	3,4	130	9
W14		3,4	13	3,5	120	8	3,3	150	12	3,6	125	10	3,5	140	8
M16, W40	mass start	5,0	22	4,8	200	12	3,5	210	15	4,5	200	13	4,3	140	11
W16, W45	mass start	4,6	20	4,8	160	11	3,4	180	13	4,3	145	11	3,8	125	11
M18, M40	mass start	6,2	27	5,9	250	12	3,5	180	14	5,8	235	17	5,1	180	14
W18	mass start	5,0	22	6,2	240	13	3,3	180	14	4,7	160	14	4,3	160	12
M20, M35	mass start	7,4	32	6,7	290	15	3,7	170	15	6,3	260	19	6,3	245	17
W20, M45	mass start	5,8	26	6,6	250	13	3,5	205	12	5,2	210	14	5,7	205	14
M21E	mass start	9,7	35	9,3	380	22	4,1	210	18	7,0	225	19	8,4	280	17
M21S		4,6	19	6,2	240	13	3,3	180	14	4,7	160	14	4,3	160	12
W21E, M21A	mass start	7,0	28	7,0	325	14	3,4	145	15	5,3	200	16	6,4	240	15
W21A, M50	mass start	5,1	20	4,6	210	12	3,1	165	15	4,6	195	13	4,5	150	10
W21S, M60		3,9	18	4,1	170	11	3,2	140	14	4,2	155	15	4,2	135	11
W35		5,8	25	5,5	200	10	3,0	155	15	4,9	175	15	5,0	215	13
M35S		3,9	16	4,1	190	11	2,9	155	13	4,2	135	15	3,6	145	11
W35S		3,1	12	3,9	150	8	2,9	110	10	3,9	140	13	3,8	150	11
W40-49S		2,5	11	3,5	100	9	2,9	120	9	3,3	120	12	3,5	105	9
W50		4,0	16	3,4	130	9	2,9	150	12	4,0	135	13	4,0	150	11
W55, M65, M40-49S		3,6	15	3,9	130	10	3,1	130	14	3,8	150	13	3,8	120	10
M55		4,6	19	4,3	150	9	3,4	180	15	4,4	180	14	4,1	135	10
W60, M70		3,0	13	2,8	100	9	2,2	100	9	2,9	100	13	2,9	95	9
W65, W70		2,6	9	2,7	90	7	2,1	80	8	3,1	105	10	2,7	85	8
M75, M80		2,5	11	2,5	100	7	2,1	75	7	2,7	90	10	2,5	55	8
W75, W80		1,9	9	2,2	60	7	2,1	65	7	2,2	75	7	2,3	55	7
Open Long		4,0	13	5,4	200	9	3,7	140	12	4,9	105	10	5,0	150	11
Open Short		2,5	8	3,1	100	8	2,4	80	9	3,3	100	9	3,9	90	11