

MODEL EVENT
map upgrade:
Włodzimierz Dyzio course planner: Włodzimierz Dyzio


|  | Model Event - day I <br> 12.07 .2021 <br> $2 p m-6 p m$ | Model Event - day II <br> 13.07 .2021 <br> $2 p m-6 ~ p m$ |  |  |
| :--- | :--- | :--- | :--- | :--- |
| km | $P K$ | $k m$ | $P K$ |  |
| LONG | 4,0 | 11 | 4 | 13 |
| SHORT | 2,95 | 8 | 3 | 10 |

S1 - The terrain is mainly with a good runnability. There appear some mild elevation gains, distinct vegetation boundaries, glades, and a well developed road network.

S2 - In the forest appears every type of rock formation. The runnability is vired, sometimes impeded, mild elevation gains, and well developed road network.

- Maps are available at the training center.
- Map print the same as during competitions.
- SI units are on controls.
- Start from SI Unit in any minute (in Model Event hours).
- Model Event results will be available in the evening on our website.
- Control descriptions printed only on maps.
- Road from the Wawel Cup Town
(Model Event day 1-1,3km, Model Event day 2-1 km)



## Competition Center ISTAGE

## STAGE 1


14.07.2021 start from 3 pm
mappers:
Włodzimierz Dyzio,
Jacek Morawski
course planner:
Marcin Biederman


The terrain's runnability is completely varied, from the lack of vegetation to dense forest. The half of the area is the Błędowska Desert - the territory of the desert is flat with more distinct terrain features. In the forest part of the race, the area has more evident distinct terrain features. On the west side of the forest there are distinct glades and thickets.

## MASS START:

- Mass start runners line up according to their bib numbers. Runners take their maps in the start area. Runners start on the speaker's sign.
- Other categories with 2 minute start intervals.
- Start located in the competition center.
- We kindly ask runners starting at 3 pm to come to the start zone 10 minutes before start time.


## Start hours:

3 pm - M21E, M20, W21E, W20, W21A
3.10 pm - M18, W18, M16, W16
3.20 pm - M45, M35, M50, W35, W50
3.30 pm - M21A, M40, W40, W45
3.45 pm - interval start for the rest of categories ( 2 minutes)

OPEN, WM10R - any start time from 4 pm.


Start minute „ 0 " is counting from 3 pm .

## TECHNICAL ISSUES

- Contour Interval - 2,5 m.
- Categories with mass start have control descriptions printed only on maps (no loose control descriptions).
- Categories with interval start have control descriptions printed on maps and separate control descriptions available in the start corridor.
- Distance from the start line to the start point: 130 m .
- In the mass start categories we apply fork system. Each competitor runs his own course.
- One refreshment point is situated at 50-80\% of course length.
- Due to sandy terrain in the competition center team tents are not recommended.
- Time limit - 150 minutes.


## Competition Center STAGE 2-5



## STAGE 2

15.07.2021
start from 10 am
mappers:
Jacek Morawski,
Wojciech Dwojak
course planner:

## Marek Słoński



In the forest there are a lot of types of rock formations - rocks, cliffs, rock pillars. The runnability is from really good to impeded by dense vegetation. Visibility sometimes is also impeded by dense vegetation. There are some open land and varied terrain features!

## TECHNICAL ISSUES

- Contour Interval - 5 m.
- Interval start - 3 minutes
- When approaching the start area and leaving the finish area, competitors will cross a busy road. The crossing will be secured by a volunteer. Please, be careful when crossing the road.
- Toilets available in the competition center. One toilet is situated on the way to the start area.
- Refreshment points are situated within courses and marked accordingly on the map.
- Road to starting point - 50 m .
- Distance from the finish to competition center/and from competition center to start: $1,6 \mathrm{~km}$
- Once back in the competition centre, read out your SI card (until 4 pm ).
- Time limit - 180 minutes


## STAGE 3

16.07.2021
start from 9.00 am
map upgrade: Włodzimierz Dyzio course planner:

## Włodzimierz Dyzio



Świniuszka is a hill that is covered by a lot of rock formations, even caves. The bigger part of the race will be in the area full of rock formations and with a good runnability. There appear mild elevation gains. The final part of the race will be full of open lands

## TECHNICAL ISSUES

- Contour Interval - 5 m
- Road to start - $1,3 \mathrm{~km}$.
- Interval start - 3 minutes.
- Road to starting point - 50 m.
- Toilets available only in the competition center.
- Time limit - 120 minutes.
16.07.2021
map update:
Włodzimierz Dyzio
course planner:
Marcin Biederman

|  | PRE. |  | FINAL |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | $\circ$ 2 2 0 0 0 |  |  |
| M Youth | 1,7 | 13 | 2,2 | 21 |
| W Youth | 1,5 | 9 | 1,9 | 18 |
| M Elite | 2,2 | 18 | 2,7 | 30 |
| W Elite | 1,9 | 14 | 2,3 | 25 |
| M Masters | 1,8 | 13 | 2,2 | 23 |
| W Masters | 1,7 | 15 | 2 | 21 |
| M Super Masters | 1,5 | 10 | 2 | 22 |
| W Super Masters | 1,4 | 15 | 1,9 | 18 |

PRELIMINARY

- Preliminary start - 4 pm.
- Road to start - 1 km.
- Road to starting point - 90 m.
- Interval - 1 minute.
- Time limit - 45 minutes.


## FINAL

- Start from Competition Center.
- Road to starting point - 100 m.

6 pm chasing start for final A (handicap start)
6 pm - W Elite, M Elite, W Youth, M Youth, W Masters, M Masters, W Super Masters, M Super Masters (start from the line)

Competitors from 2nd-6th positions will have handicap start from the start corridor (just like during AGH Indoor Orienteering) The first runner across the finish line is the winner.
6.45 pm - final B start for the rest competitors, the same courses, interval - 1 minute.

Time limit - 60 minutes.

- Scale - 1:4 000
- Contour Interval - 2,5 m
- Control descriptions only on the map.
- In the finals at 90\% of the course length a spectator control (which is also the last control) is situated. Spectators are encouraged to come and cheer on the athletes.

17.07.2021
start from 10 am
map upgrade:
Włodzimierz Dyzio


## course planner:

## Włodzimierz Dyzio



The competitions are taking place on the four hills. Every single one hill will be full of... rock formations! Some of them will be placed on open lands, others will be covered by vegetation. The runnability is from very good to impeded by dense vegetation.

## TECHNICAL ISSUES

- Contour Interval - 5 m .
- Road to start - 1,2 km.
- Interval start - 3 minutes.
- Toilets available only in the competition center
- Road to starting point - 60 m .
- At 90-95\% of the course length athletes will cross a main road in Żelazko. The crossing is secured by the organiser. Be careful when crossing the road.
- Time limit - 150 minutes.


## STAGE 5

18.07.2021
start from 10 am
mapper:
Włodzimierz Dyzio
course planner:
Włodzimierz Dyzio


The forest is mainly with a good runnability. There are some mild elevation gains. The road network is well developed. The final part of the race is taking place on open lands. The terrain of 5th etap is letting the competitors reach a higher speed.

## TECHNICAL ISSUES

- Contour Interval - 5 m .
- Road to start - 800 m.
- Handicap start - competitors with loss less than 1 hour.
- For categories W21E and M21E V stage will be held in upside-down handicap form.
- Road to starting point - 0 m.
- In handicap chasing, punching the finish unit will be decisive.
- Toilets available only in the competition center.
- Time limit - 150 minutes.


## Trail Orienteering

17.07.2021
start from 3 pm
mapper:
Jan Zdanowicz course planner:
Jan Zdanowicz

Additional Trail Orienteering competition will take place after finishing Wawel Cup stage 4.

- Scale - 1:4 000
- Contour Interval - 5 m
- Start area will be located in Leśna Street.
- The road to start from the competition center will be marked.
- Course will be available between 3 pm and 6.30 pm.
- Last competitors will be admitted at 5 pm.
- Time limit for the PARA category is 85 minutes.
- Time limit for the OPEN category is 75 minutes.
- No starting order is determined.

COURSE LENGTH - 1,3km, 15 controls

After finishing PreO course, athletes move on to the TempO competition. Each competitor will get a map and a pin to mark answers on the map.

- No decision points.
- Answers A-Z.
- Competitors leave maps in the TempO area.
- Maps will be handed out in the competition centre once the competition is over and results have been counted
- There is no entry fee. We recommend a free donation for the Foundation "Na ratunek".


## Below you will find some important information for Trail Orienteering newcomers:

1. Competitors can move only on paths or road. Please, stay on the paths. Maps will include out-of-bounds areas.
2. Orienteering flags are counted from the left side.
www.orientacjaprecyzyjna.pl

## GENERAL INFORMATION

- Maps are printed on waterproof paper, map foils will be available at the start for those who want them.
- Courses WM10N and WM10R will be marked with "smiling and frowning faces".
- Road to start marked during all stages: blue stripes.
- Road to start during all the stages will be marked from the table in competition center
- During all stages athletes from WM10R, OPEN Long, OPEN Short will start from SI Unit in any minute.
- Apart from Stage 1, the terrain shows a large number of dangerous spots: cliffs, crevices and high rock walls. Keep calm and pay attention when running.
- Water available on the start and in the competition center.
- The organizer provides medical care during the event

|  | STAGE 01 |  |  | STAGE 02 |  |  | STAGE 03 |  |  | STAGE 04 |  |  | STAGE 05 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { ? } \\ & \text { 吊 } \\ & \text { O} \\ & \text { Op } \end{aligned}$ |  | $$ | $\begin{aligned} & 0 \\ & 0 \\ & 2 \\ & \text { Z } \\ & \text { O } \\ & \cdots \end{aligned}$ |  | $\frac{\square}{\frac{1}{2}}$ | 0 2 2 0 0 0 |  | $\frac{\stackrel{?}{3}}{\frac{1}{2}}$ | 0 2 2 0 0 0 | $\begin{aligned} & \text { 둘 } \\ & \text { 곺 } \end{aligned}$ | $\frac{\stackrel{?}{3}}{\frac{1}{2}}$ | 0 2 2 0 0 0 |  | $\frac{\stackrel{2}{7}}{\frac{1}{2}}$ | 0 <br> 0 <br> 2 <br> 0 <br> 0 <br> 0 |
| W10N, M10N |  | 1,8 | 5 | 1,4 | 40 | 4 | 1,8 | 50 | 6 | 1,9 | 45 | 7 | 1,7 | 35 | 5 |
| WM10R |  | 1,8 | 5 | 1,4 | 40 | 4 | 1,8 | 50 | 6 | 1,9 | 45 | 7 | 1,7 | 35 | 5 |
| W10, M10 |  | 1,8 | 6 | 1,8 | 50 | 6 | 2,2 | 50 | 8 | 1,9 | 45 | 6 | 2,5 | 45 | 6 |
| WM12-14B |  | 2,1 | 6 | 2,2 | 60 | 7 | 2,1 | 50 | 6 | 2,2 | 75 | 8 | 2,6 | 65 | 6 |
| W12, M12 |  | 2,0 | 7 | 2,4 | 80 | 8 | 2,3 | 70 | 8 | 2,2 | 75 | 7 | 2,6 | 80 | 8 |
| M14 |  | 3,9 | 18 | 3,6 | 160 | 10 | 3,4 | 135 | 11 | 3,8 | 130 | 11 | 3,5 | 130 | 10 |
| W14 |  | 3,5 | 14 | 3,5 | 120 | 8 | 3,3 | 150 | 12 | 3,5 | 125 | 10 | 3,7 | 140 | 9 |
| M16, W40 | mass start | 5,0 | 23 | 4,9 | 200 | 12 | 3,6 | 210 | 15 | 4,4 | 200 | 13 | 4,4 | 140 | 11 |
| W16, W45 | mass start | 4,6 | 21 | 4,8 | 160 | 11 | 3,4 | 180 | 13 | 4,2 | 145 | 11 | 4,1 | 125 | 11 |
| M18, M40 | mass start | 6,3 | 29 | 6,0 | 250 | 12 | 3,5 | 180 | 14 | 5,7 | 235 | 18 | 4,9 | 180 | 13 |
| W18 | mass start | 5,2 | 26 | 6,3 | 240 | 13 | 3,3 | 180 | 14 | 4,7 | 160 | 14 | 4,4 | 160 | 13 |
| M20, M35 | mass start | 7,3 | 30 | 6,7 | 290 | 15 | 3,7 | 170 | 15 | 6,3 | 260 | 19 | 6,1 | 245 | 17 |
| W20, M45 | mass start | 5,8 | 28 | 6,7 | 250 | 13 | 3,6 | 205 | 13 | 5,1 | 210 | 14 | 5,8 | 205 | 15 |
| M21E | mass start | 8,6 | 36 | 9,4 | 380 | 22 | 4,1 | 210 | 18 | 7,0 | 225 | 19 | 8,1 | 280 | 20 |
| W21E, M21A | mass start | 7,3 | 28 | 7,1 | 325 | 14 | 3,4 | 145 | 15 | 5,3 | 200 | 16 | 6,0 | 240 | 15 |
| W21A, M50 | mass start | 5,3 | 22 | 4,6 | 210 | 12 | 3,1 | 165 | 15 | 4,5 | 195 | 13 | 4,7 | 150 | 11 |
| W21S, M60 |  | 4,9 | 18 | 4,1 | 170 | 11 | 3,3 | 140 | 14 | 4,1 | 155 | 15 | 4,4 | 135 | 12 |
| M21S |  | 4,6 | 23 | 6,3 | 240 | 13 | 3,3 | 180 | 14 | 4,7 | 160 | 14 | 4,4 | 160 | 13 |
| W35 | mass start | 5,6 | 24 | 5,6 | 200 | 10 | 3,0 | 155 | 16 | 4,8 | 175 | 15 | 4,9 | 215 | 13 |
| W35S |  | 3,1 | 15 | 4,0 | 150 | 8 | 3,0 | 110 | 10 | 3,8 | 140 | 13 | 3,9 | 150 | 11 |
| W40-49S |  | 2,6 | 12 | 3,6 | 100 | 9 | 3,0 | 120 | 10 | 3,1 | 120 | 12 | 3,4 | 105 | 9 |
| M35-49S |  | 3,1 | 15 | 4,2 | 190 | 11 | 2,9 | 155 | 13 | 4,1 | 135 | 15 | 3,7 | 145 | 11 |
| W50 | mass start | 3,8 | 16 | 3,5 | 130 | 9 | 2,9 | 150 | 12 | 3,9 | 135 | 13 | 3,9 | 150 | 10 |
| W55, M65 |  | 3,5 | 16 | 3,9 | 130 | 10 | 3,1 | 130 | 14 | 3,8 | 150 | 13 | 4,1 | 120 | 11 |
| M55 |  | 4,6 | 23 | 4,3 | 150 | 9 | 3,4 | 180 | 15 | 4,3 | 180 | 14 | 4,1 | 135 | 10 |
| W60, M70 |  | 3,1 | 14 | 2,8 | 100 | 9 | 2,2 | 100 | 9 | 2,7 | 100 | 12 | 3,1 | 95 | 10 |
| W65 |  | 2,4 | 11 | 2,3 | 60 | 7 | 2,2 | 80 | 8 | 3,0 | 105 | 10 | 2,7 | 85 | 8 |
| W70 |  | 2,4 | 11 | 2,8 | 90 | 7 | 2,1 | 65 | 7 | 2,1 | 75 | 7 | 2,3 | 55 | 7 |
| M75 |  | 2,6 | 12 | 2,5 | 100 | 7 | 2,1 | 75 | 7 | 2,6 | 90 | 10 | 2,6 | 55 | 9 |
| Open Long |  | 3,8 | 13 | 5,4 | 200 | 9 | 3,7 | 140 | 12 | 4,8 | 105 | 10 | 5,1 | 150 | 11 |
| Open Short |  | 2,6 | 9 | 3,1 | 100 | 8 | 2,5 | 80 | 9 | 3,1 | 100 | 9 | 4,0 | 90 | 11 |

## MAP SCALE

|  | STAGE 1 | STAGE 2 | STAGE 3 | STAGE 4 | STAGE 5 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| WM10R, W10N, M10N | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W10, M10 | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W12-14B, M12-14B | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W12, M12 | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W14, M14 | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W16, M16 | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W18, M18 | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W20, M20 | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W21E, M21E | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W21A, M21A | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W21S, M21S | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W35, M35 | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| M35-49S | 1:10000 | 1:7500 | 1:7500 | 1:7500 | 1:7500 |
| W35S | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| M40 | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W40 | 1:10000 | 1:10000 | 1:7500 | 1:7500 | 1:7500 |
| W40-49S | 1:10000 | 1:7500 | 1:7500 | 1:7500 | 1:7500 |
| M45 | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| W45 | 1:10000 | 1:10000 | 1:7500 | 1:7500 | 1:7500 |
| M50 | 1:10000 | 1:10000 | 1:7500 | 1:7500 | 1:7500 |
| W50 | 1:10000 | 1:7500 | 1:7500 | 1:7500 | 1:7500 |
| M55 | 1:10000 | 1:10000 | 1:7500 | 1:7500 | 1:7500 |
| W55 | 1:10000 | 1:7500 | 1:7500 | 1:7500 | 1:7500 |
| M60, W60, M65, W65 | 1:10000 | 1:7500 | 1:7500 | 1:7500 | 1:7500 |
| M70, W70, M75, M80 | 1:10000 | 1:7500 | 1:7500 | 1:7500 | 1:7500 |
| OPEN LONG | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |
| OPEN SHORT | 1:10000 | 1:10000 | 1:7500 | 1:10000 | 1:10000 |

